



The Optimist Creed

Promise Yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness & prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything & make your optimism come true.

To think only of the best, to work only for the best & to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past & press on to the greater achievements of the future.

To wear a cheerful countenance at all times & give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear & too happy to permit the presence of trouble.